Key to

Environmental Studies

1
1. INTRODUCING MYSELF

A. 1. identity 2. birthday 3. hobbies 4. unique

B. 1. b 2. c 3. a

C. 3. A hobby is an activity done for pleasure during free time.

2. OUR BODY

A. 1. eyes 2. ears 3. hands 4. legs

B. 1. different 2. sense 3. Mouth 4. function

C. 

![Diagram of human body showing various parts]

D. 1. Eyes, nose, ears, tongue, and skin are five sense organs.
2. Eyes, ears, hands, legs, lips, arms, shoulders, and feet are some parts of our body in pairs.
3. FAMILY AND FRIENDS

A. 1. small 2. indoor 3. neighbours 4. grandparents

B.

Joint family  Small family  Large family


D. 1. A family where grandparents, parents, uncles, aunts, and their children live together is called a joint family.

2. Your brothers and sisters are your siblings.

3. People living around our home are our neighbours.

4. Games that are played inside the house are called indoor games. For example, ludo and carrom.

Games that are played outside the house are called outdoor games. For example, cricket and football.
4. CELEBRATIONS


C. Eid Christmas Diwali


E. 1. Diwali, Christmas, Eid and Gurupurab.
2. The Independence Day, Republic Day, and Gandhi Jayanti are celebrated as National days. People celebrate them with their family, friends and neighbours.
3. During a celebration, people wear new clothes, eat delicious food, and enjoy with our friends and relatives. They also exchange sweets and greetings.

5. OUR FOOD

A. 1. breakfast 2. Christmas 3. plants 4. apple 5. curd

B. 1. three 2. Ladoo 3. hands 4. healthy 5. animals

E. 1. Food is useful to us because food help us to grow and remain healthy. It gives us energy to work, play and think.
2. Plants and animals are the main sources of food.
3. Breakfast, Lunch and Dinner
4. Products made from milk are called milk products. Curd and butter are some milk products.
5. Three good food habits are: -
   i. Wash hands before and after eating.
   ii. Always eat fresh and healthy food.
   iii. Do not eat stale food.

Let’s Do It...
6. WATER FOR LIFE

A. 1. clean 2. Water 3. clean 4. close

C. 

D. 

E. 1. Drinking, cooking, bathing, washing, cleaning and putting out fire are some uses of water.
2. Rain, river, and ocean are three sources of water.
3. Three ways to save water are:
   i. Close the tap after use.
   ii. Do not leave the tap open while brushing teeth.
   iii. Reuse kitchen water to water the plants.
4. We should drink clean water because it is good for health. Drinking dirty water can make us ill.

7. HOUSES PEOPLE LIVE IN

A. 1. bedroom 2. drawing room
   3. hut 4. dining room 5. pucca house
B.

C. 1. home 2. kitchen 3. bathroom 4. weak 5. dustbin

D.

E. 1. We need a house because a house gives us shelter. It protects us from heat, cold, rain, and animals.
2. Pucca house and Kutcha house.
3. Different types of rooms in a house are :
   i. Kitchen to cook food.
   ii. Dining room to eat meals.
   iii. Drawing room to entertain guests and friends.
   iv. Bedroom to sleep and take rest.
   v. Bathroom to wash and bathe.
4. Three ways to keep our home neat and clean are :
   i. Do not litter the home.
   ii. Keep things at proper places.
   iii. Throw waste in the dustbin. Keep the dustbins covered.
8. CLOTHES WE WEAR

A. 1. clothes  2. cotton  3. warm
    4. dry  5. clean

B. Jeans  Skirt  Shorts  Shirt  Jacket  Frock


E. 1. We wear clothes to cover our body. It protect us from heat, cold, rain, dust and dirt.
    2. We wear Cotton clothes in summer.
    3. We wear Woollen clothes in winter.
    4. We can take care of our clothes by washing them properly, ironing and then keep them in the wardrobe.

9. AIR AROUND US

A. 1. air  2. storm  3. feel
    4. impure  5. health


C. 1. Three uses of air are:
    i. All living things need air to breathe.
    ii. Air helps us to hear sounds.
    iii. Air helps birds to fly in the sky.
    2. Smoke and dust released form factories, vehicles, and burning garbage make the air dirty.
    3. We can keep the air clean by growing more and more plants in and around our house.
10. KEEPING CLEAN AND HEALTHY

A. 1. teeth  2. nails  3. strong
   4. sleep  5. happy


C. 1. I use a  
   2. I use a  
   3. I use a  
   4. I use a  
   5. I use a  

D. 

E. 1. Four habits that keep our body clean are :-
    i. Take a bath everyday.
    ii. Wear clean clothes.
    iii. Brush your teeth twice a day, once in the morning and once at bed time.
    iv. Pare your nails regularly.

2. We can keep our surroundings clean by following the steps given below :
   i. Do not litter. Always throw garbage in the dustbin.
   ii. Never spit on the floor or walls.
   iii. Never urinate in open. Use a washroom.
   iv. Do not write on the walls.
   v. Grow more plants.
3. To stay healthy, we should follow the given habits:
   i. Rise early in the morning and go to bed early at night.
   ii. Drink at least 8 to 10 glasses of clean water everyday.
   iii. Eat a healthy diet.
   iv. Practice yoga asanas.

11. PERSONAL SAFETY

A. 1. bad  2. open  3. unknown
    4. footpath  5. stairs


C. 

D. 1. Three safety rules to follow at home are:
   i. Do not play with sharp or pointed things.
   ii. Never run down the stairs.
   iii. Do not peep from a balcony railing.

2. Three safety rules to stay safe in school are:
   i. Always walk in a queue.
   ii. Do not push or pull anybody.
   iii. Do not climb on a desk or chair.
3. Three safety rules to follow when you are outside are :-
   i. Do not play or run on the road.
   ii. Always walk on the footpath.
   iii. Always try to cross the road with the help of an adult.

4. Two examples of a good touch are :-
   i. When we shake hands with our friends.
   ii. When our parents pat on our head or kiss us.

12. OUR NEIGHBOURHOOD

A. 1. bank 2. railway station 3. market
   4. sweeper 5. Firefighters

   4. Police Station

C.

D. 1. Places around our house is called our neighbourhood. Market, school, and park are some places in our neighbourhood.

2. People go to hospital to get medical care.

3. A market has a variety of shops. We do all our shopping there.

4. We can keep our neighbourhood clean by :
   i. not throwing garbage in our neighbourhood.
   ii. not plucking flowers and leaves from the park.
13. HELPFUL PEOPLE

A. 1. postman  2. plumber  3. cobbler
    4. tailor  5. nurse

B. [Diagrams of people and tools]

C. 1. milkman  2. bus driver  3. gardener
    4. doctor  5. policeman


Let’s Do It...

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Environmental Studies - 1
14. PLANTS AROUND US

A. 1. seed  2. trees  3. plants  
    4. water  5. medicines

B. 1. seeds  2. climber  3. herb  
    4. rose plant  5. medicinal plants

C. 1. Water lily plant  Lotus plant  
    2. Pumpkin plant  Watermelon plant  
    3. Money plant  Grapevine  
    4. Basil Plant  Mint Plant  
    5. Rose plant  Hibiscus plant

D.

E.

F. 1. Different types of plants are trees, shrubs, herbs, 
    creepers and climbers.
2. Climbers are weak-stemmed plants that need support to climb up eg. money plant & grapevine. Such plants are called climbers.

Climbers and creepers are weak-stemmed plants. Creepers grow along the ground: eg. pumpkin plant & watermelon plant.

3. We get fruits, vegetables, and cereals from the plants.

4. We get medicines from plants.
   i. We get gum, rubber, and paper from plants.
   ii. We get wood from plants.

5. Plants are useful to animals as they get food, shelter, and shade from plants.

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**15. ANIMALS AROUND US**

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**E.**

1. Animals who are tamed and kept at homes or in farms are called domestic animals. They are useful to us in many ways. Some of them are kept for fun and recreation. Some give us useful things like milk, wool, etc.

2. Animals who are kept for fun in our homes are called pet animals, eg. cat and dog.

3. Body parts of a bird are eyes, beak, wings and legs.
16. MODES OF TRANSPORT

A. 1. land transport  2. air transport
    3. ambulance  4. bicycle
    5. train

B. 1. fire engine  2. animals  3. sailor
    4. water  5. engine

C. 


E. 1. Car  Bus
    2. Boat  Ship
    3. Aeroplane  Helicopter

F. 1. Land transport, water transport and air transport are three different modes of transport.
    2. Vehicles which help us when we are in trouble are called emergency vehicles. Ambulance, fire engine and police van are some emergency vehicles.
    3. Wheels, seats, windows, doors and engine are parts of a car.

17. MEANS OF COMMUNICATION


B. 1. Internet  2. telephone  3. mobile phone
    4. communication  5. letters

    4. Mobile phone  5. Newspaper
D. 1. The process of sending or receiving a message is called communication.

2. Different ways that help us to communicate with others are called means of communication. Different means of communication are – letters, telephone, mobile phone, newspaper, radio, television and computer.

3. Measures to follow while using different means of communication are :-
   i. We should not spend most of our time on a mobile phone, computer or television.
   ii. We should always be polite and respectful while communicating with others.

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18. THE WORLD AROUND US

A. 1. Sun  2. Stars  3. heavenly  4. day

B.


D. 1. The Sun is a big ball of fire that gives us heat and light.

2. Dark clouds bring rain.

3. Stars are fixed bright points of light in the night sky. They look small because they are very far away from us.

4. The condition of the air of a place at a particular time is called weather. Different types of weather are hot, cold, windy and rainy.